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REVIEW ARTICLE

ROLE OF HOMOEOPATHIC MEDICINES IN THE MANAGEMENT OF HAEMORRHOIDS – AS A SAFEST HARMLESS HOMOEOPATHIC APPROACH

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Abstract

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HAEMORRHOIDS COMMONLY known as ‘ PILES ’ .

The first use of the word ‘haemorrhoid’ in English occur in 1398, derived from the old French ‘emorroides, from Latin haemorrhoida in turn from Greek αιμορροϊς (haimorrhōis), “liable to discharge blood”, from αἷμα (haima), “blood” and ῥόος (rhoos), “stream, flow, current”, itself from ῥέω (rheo),

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“to flow, to stream. The root cause of haemorrhoids is constipation, straining, high internal sphincter tone which may occur due to distended veins in the lining of the anus. This condition is common and is often attributed to a low fibrous diet and in a inadequate intake of fluid ,which may leads to slowness of colon to expel-out the collected waste material in the form hard faeces which results in Constipation and there is Straining during bowel movement to pass small,

hard stool at each attempt and increases the pressure in the lower abdomen, which slows the flow of blood in the veins around the anus. Repeated Straining during a bowel movement or by conditions such as pregnancy or obesity, which place undue pressure on the lower abdomen, the veins in the around the anus can begin to stretch and swell abnormally produces the distended veins known as 'PILES'.

INTRODUCTION

Haemorrhoids or piles are the varicosities of the haemorrhoidal veins [1] due to the dilation of haemorrhoidal plexuseither Superior or inferior. They are the common lesions in elderly and pregnant women. They commonly result from increased venous pressure. (Fig No.1), Haemorrhoids are the most common anorectal disorders with a occurrence of 39% in general population. About 45% of patients with haemorrhoids are symptomatic [2].

The first known mention of the disease is from a 1700 BC Egyptian papyrus [3].

In medieval times, haemorrhoids were also known as Saint Fiacre's curse after a sixth-century saint who developed them following tilling the soil [4].

Mainly Haemorrhoids attributed by great straining during a bowel movement, micturition or by conditions such as pregnancy or obesity, in which

inappropriate intra abdominal pressure on the lower abdomen occurs and leads to bulging of veins in and around the anus which can begin to stretch and swell abnormally, causing pain, burning, and itchiness. Most of the times it is seen in person who have Sedentary lifestyles and having long period sitting tendency, especially on the toilet due to chronic constipation and diarrhoea.

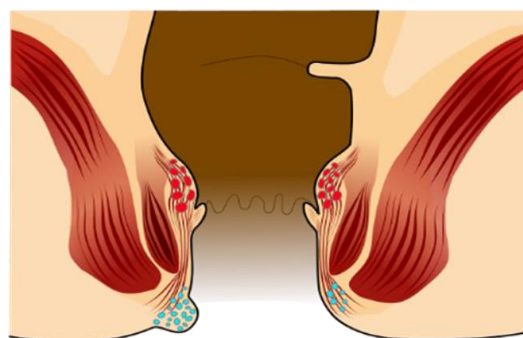


Fig.No.1 – Dilated haemorrhoidal veins around the anus showing Haemorrhoids

Aim of this article – to explore the knowledge of haemorrhoids and mainly considerate the role of homoeopathic medicine in the management of haemorrhoids on the bases of singular

simplest dynamised medicinal method in safest harmless manner.

OBJECTIVES

- To find out an easy prescribing approach by studying homoeopathic medicines content by this article.
- To make people conscious regarding the complication of piles.
- To correct the causes and reduces the chances of recurrence.
- To cure upto 70-80 % of haemorrhoids by regular use of homoeopathic medicines.

This article contains and explains the more pertinent information about the haemorrhoids are and their homoeopathic management.

EPIDEMIOLOGY

Worldwide, the prevalence of symptomatic haemorrhoids is estimated at 4.4% in the general population. In the United States, up to one third of the 10 million people with haemorrhoids seek medical treatment, resulting in 1.5 million related prescriptions per year [5]

Incidence

They are more common in Caucasians and those of higher socioeconomic status [6]. Incidence of haemorrhoids is same in both sexes (male and female) with equal frequency rates between 45 – 65 years.

CAUSES

- **Anatomical factor** - The veins passing through the submucosa of the rectum, get constricted during the act of defecation.
- Portal hypertension
- Cardiac failure
- Hereditary predisposition - absence of valves or Congenital weakness of vein wall.
- Tumours of the rectum
- Obesity
- IBD, including ulcerative colitis, and Crohn disease
- Surgeries - Episiotomy, Rectal
- Prolonged Sitting habits , Workaholic
- Lack of fibre diet - Dietary fibres help in retaining water in the stools. Lack of fibre in the diet may lead to less water retention causing the stools to become hard & dry.
- Constipation - Hard stools and long straining for stools can cause pressure over veins around & can cause them to enlarge. Loss of rectal muscle tone causes excessive straining thus gravity , Straining and irregular bowel habits are important factors in the development of piles .
- Ageing - ageing increases the risk of piles as the muscle and their supporting tissue become weak

- Pregnancy - As the growing foetus needs space and puts pressure on the abdominal and pelvic organs.

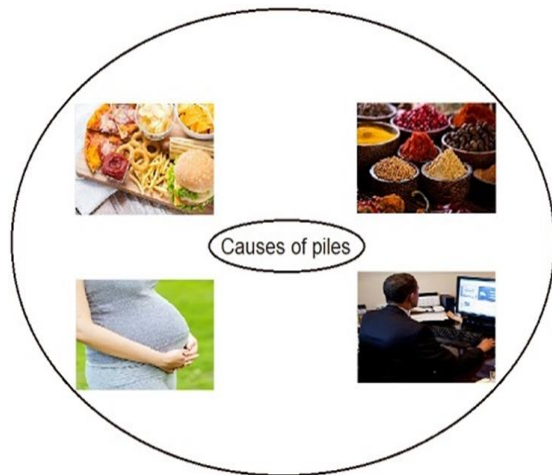


Fig.No. 2 - Causes of Haemorrhoids including Lack of fibrous diet , Pregnancy and Workaholic Siting habit

PATHO – PHYSIOLOGY

The anal vascular cushions act to assist the anal sphincter in maintaining continence. There are three vascular cushions in the anus, positioned at [7] in the given following Table. No. 1

- 3 o'clock - Left lateral position
- 7 o'clock - Right posterior position
- 11 o'clock - Right anterior positions (when looked at with the patient in the lithotomy position, i.e. anterior is 12 o'clock).

Table No – 1 – Position of Haemorrhoids

When these cushions become abnormally enlarged, they can cause symptoms and become pathological, termed haemorrhoid [7] Given below in the following Fig.No3

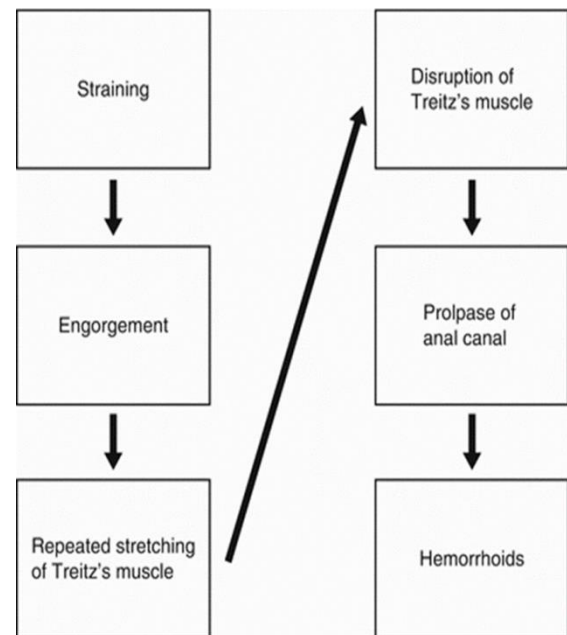


Fig. No.3 – Flow chart Showing Patho – Physiology of Haemorrhoids

Classification Of Haemorrhoids

Depending upon the location of haemorrhoids which can happen inside or outside of rectum. The type depends on where the swollen vein develops.

Haemorrhoids are classified by their anatomic origin within the anal canal and by their position relative to the dentate line; thus, they are categorised into internal and external haemorrhoids [4] (fig No.4-) and Table No.2 Showing difference between External and Internal Haemorrhoids.

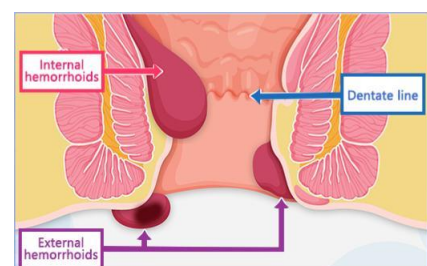


Fig.No 4 – Position of haemorrhoids in relation to dentate line

EXTERNAL HAEMORRHOIDS : At anal verge, Covered with skin [8]. Swollen veins form underneath the skin around anus. Anus is the canal where poop comes out. External haemorrhoids can be itchy and painful. Occasionally, they bleed. Sometimes, they fill with blood that can clot. This isn't dangerous, but can result in pain and swelling.

INTERNAL HAEMORRHOIDS: Above the dentate line, covered with mucous membrane [8]. Swollen veins form inside rectum. Rectum is the part of the digestive system that connects the colon (large intestine) to anus. Internal haemorrhoids may bleed, but they usually aren't painful. They are commonest in nature.

INTERNO – EXTERNAL: Both varieties together [8].

External Hemorrhoids	Internal Haemorrhoids
They arise from the inferior haemorrhoidal veins covered by Squamous epithelium	They are a mucosa covered plexus of Superior Haemorrhoidal veins.
They are external to anal orifice , are covered by skin	They are internal to anal orifice, are covered by skin

Table No.2 –Difference between External and Internal Haemorrhoids

Goligher's Grading Classification Of Internal Haemorrhoid - Haemorrhoids are generally classified on the basis of

their location and degree of prolapse. Goligher's classification does not describe the number of haemorrhoidal columns involved and does not give much consideration to the amount of blood loss[2]. The severity of internal piles can be classified in the following grades according to the degree of their prolapse into the anal canal (Fig No.5 -) and Goligher's Grading Classification[2] is shown by the given below Table No.3

Grading Classification Of Haemorrhoids

- GRADE I - bleeding but non-prolapsing hemorrhoids.
- GRADE II - hemorrhoids prolapse on straining but reduce spontaneously
- GRADE III - hemorrhoids prolapse but require manual reduction
- GRADE IV - irreducibly prolapsing hemorrhoids

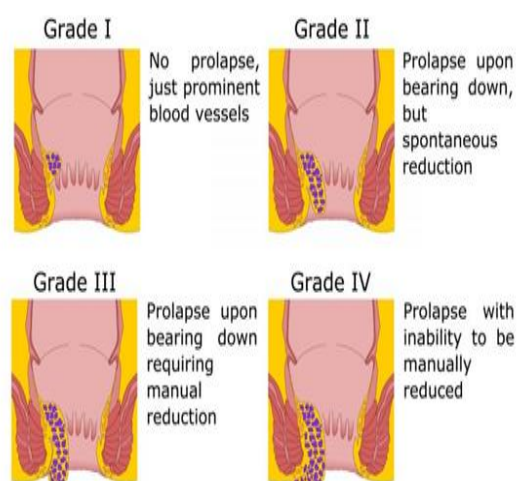


Fig No 5 - Picture Showing Goligher's Grading Classification of Internal Haemorrhoids

SYMPTOMS

- **Painless Bleeding** : It is the earliest symptom often explain as fresh bleeding occur after defecation - splash in pan[8] ,without any pain , and is in drops , before or after defecation , bright red [9] and intermittent. This bleeding causes chronic anaemia.
- **Discharge**: Mucoid discharges from the inflamed haemorrhoids.
- **Prolapse**:
 - 1⁰- Bleeding haemorrhoids with no outside anal canal Prolapse.
 - 2⁰- Slight protrusion during defecation, straining, Spontaneous reduction or can be digitally replaced.
 - 3⁰- Sensation of heaviness in rectum, mucoid discharges, after defecation protruded haemorrhoids returns back, Prolapse slightly more than 2 0.
 - 4⁰- Permanently Prolapse of haemorrhoids outside the anal canal, Sensation of itching, Pain if inflamed.

SIGNS

- Sentinel pile is overlying skin tag over a fissure.
- On per rectal examination
 - Round, tense.
 - May be tender.
- Proctoscopy

- Bulging into lumen of proctoscope.
- Position: 3, 7, 11 O' Clock.

COMPLICATIONS

- **Prolapse** - Outside presents with severe pain in personal region – piles gripped by internal sphincter results in venous congestion and Oedema followed by Strangulation.
- Ulceration and Secondary infection.
- Thrombosis (Black piles)
- Gangrene (dying piles)
- Suppuration

Miasmatic Background

Predominately Sycotic miasm (rarely Syphilitic in Complicated cases), as haemorrhoids are the dilation of the haemorrhoidal plexus which results in the structural and functional changes around the anal and rectum region .

Role of Homoeopathy In The Management Of Hemorrhoids

Non Conservative Management

REMEMBER as “FIBRE”

- Fibre Supplementation
- Increased fluid intake
- Bulk purgative – laxatives – is angular husk etc.
- Reading to Toilet to be discouraged (respond to call and do not strain)
- Encourage to lose weight.

Few Steps To Be Taken From The Relieving Symptoms Of Piles

1. See a physician and Consult from it – do not ignore it.

2. Avoiding Constipation

- Increase fibre intake in diet .Few fibre rich foods are: Apple, Barley, Oats, Carrot, Brown Rice
- Take 2 helpings of salad every day.
- Eat two seasonal fruits every day, one can be a banana
- Do not strain for long while passing stools.
- Use of purgatives should be avoided.

3. Diet Should Be Corrected

- Increase fibre intake in diet.
- Increase water intake 3-4 litres per day.

4. Increase Physical Exercise

- Walk as much as you can
- If you are still doing exercise, increase the time /number of steps each day.
- Do not sit for long hours in one place, Keep on the motion.
- Get up every 45 min & take a walk

HOME MANAGEMENT

- Radish, Spinach, Carrots are one of the beneficial home remedies which are rich in fibre, vitamins and minerals. Take half cup of juices twice a day.

- Taking 2-3 bananas each day helps in pain relief.
- Figs soaked in water it gives you positive result.
- Coconut oil or olive oil for local application in affected areas, but should be done after thoroughly cleaning the part with water.
- Keep the area clean. Bath daily. Don't use medicated soap on the area as it may cause irritation, inflammation.
- Use moist toilet paper to dab the area after a bowel movement to lessen friction from wiping.

6. Sitz Bath

7. Dietary Advice

- Should be Eat whole grain breads and pasta brown rice, oats, pulses and apples i.e., rich in fibre, which helps in the formation of bulky stool and helps to prevent constipation.
- Citrus fruits, figs, prunes, berries and pulses should be eaten regularly if haemorrhoids are bleeding .
- Intake of good sources of ‘haem’ ‘iron like fish oil and meat which improves the proper absorption of iron from pulses and vegetables.

8. Food To Avoid

- White rice, pasta and breads need to be replaced with

wholegrain versions of these foods.

- Cakes biscuits, pastries, sweets and chocolate provide very little fibre and are best avoided.

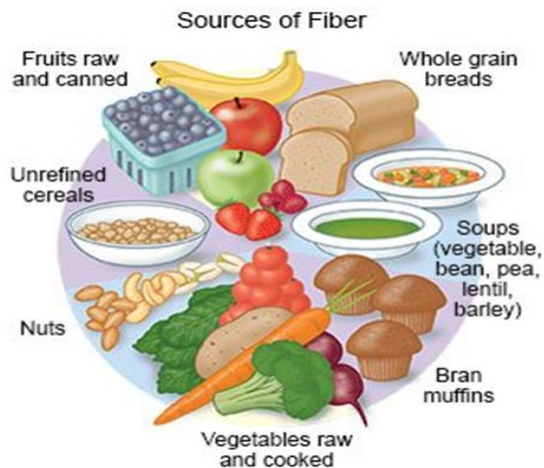


Fig.No.6 – Sources of fibrous food

CONSERVATIVE

In most of all cases of haemorrhoids can be managed conservatively, especially if uncomplicated. In rare cases haemorrhoids are not curable easily by Conservative treatment they may become recurrent in nature and become Complicated then there is only Surgical procedure remaining as an option for the patient in Such cases there is Very difficult task for practitioners to manage haemorrhoids.

While In homoeopathy, haemorrhoids can be easily curable. The management of haemorrhoids is mainly based on the “Totality of Symptoms”, Case taking of the patient and also on Symptoms intensity. Many Homoeopathic practitioners prescribes medicine on the

bases of Simple Singular minimum dynamised Similar Medicine as Constitutional medicine with proper selection of potency and repetition of doses but in Some cases where totality of symptoms not easily present and difficult to find out the Similar Constitutional medicine in that Condition there is a easiest and gentle way to prescribe homoeopathic medicine as Therapeutically because therapeutic indication of medicine, generally are Systemic action management.

Many medicines can be used in the form of mother tincture, potencies for External or Internal purposes as therapeutically or constitutionally.

HOMOEOPATHIC THERAPEUTIC APPROACH

External Mother Tincture can be used in the forms of -

- Oils
- Ointment
- Liniments

With great efficacy in relieving the pains and distress of the patients [10].

Some Examples of External Mothers tincture which is generally used for management of complicated haemorrhoids before and after Surgeries.

Aesculus Hip. Q Ext - Lotion and ointment of this drug are very beneficial in curing piles [10]. It is indicated for people

suffering from piles attended with much soreness and pain. Rectum sore, with fullness, burning and itching [11]. For cases of constipation with hard, dry stool, which is difficult to pass and is accompanied with much dryness and heat of rectum. There is intense pain in anus for hours after passing stool. Haemorrhoids like ground nuts, purple; painful sensation of burning; generally blind; aching and lameness or shooting in the back [13].

Arnica Mon Q Ext - Its lotion and ointment are very beneficial in straining of diarrhoea, soreness and rawness of pelvic region or rectal region may get relief from abrasion and cuts of rectal mucosa membrane .

Calendula Q Ext - The most remarkable healing agent applied locally [12]. It is used as a safe dressing in any catarrhal and inflammatory condition of the mucus membrane, Tenderness of inflamed protruded swollen rectal veins may be relieved by its local application.

Its internal and external use in the form of lotion, oil and ointment are very efficacious in wounds caused by blow, injury, cuts and burns [10]. Its lotion is everywhere beneficial even in piles inside the pelvic region, rectum or in external gangrenous conditions.

Internal Mother Tinctures Act To Cure The Patient

Some Examples of Important mother tincture -

Blumea Odorata Q Int - It has got reputation in bleeding piles [12]. It has excellent result when haemorrhage is profuse and it exerts a powerful influence to arrest bleeding .

Cascara Sagrada Q Int - Palliative in Constipation, as an intestinal tonic [12]. Natural Purgative which effectively cures constipation, improves digestion and stimulates appetite, 15 drops of fluid extract , RESTORES normal functions by its tonic [12] effects especially in case of Haemorrhoids.

Cynodon Dactylon Q Int - It can be used internally and locally [12]. It is an excellent haemorrhagic remedy for the treatment of bleeding piles.

Glechoma Hederacea Q Int - Haemorrhoids with rectal irritation and bleeding. Diarrhoea. Anus feels raw and sore [12].

Hydrastis Canadensis Q Int - It is useful in Constipation dependent on inertia or congestion of the lower abdomen due to sedentary life style or purgative medicines .Ulceration of rectum .Prolapse of rectum [10,12].

Sedum Acre Q Int - Haemorrhoidal pains, like those of anal fissure; constricting pains, worse after few hours of passing stool [12]. It is used for the treatment of severe haemorrhoidal pain.

CONSTITUTIONAL APPROACH FOR HAEMORRHOIDS

1. **ALOE SOCOTRINA** - It is in worldwide use as a purgative at the present day, and forms a leading ingredient in a large number of patent medicines for regulating the bowels [14], Internal haemorrhoids in association with the terminal division of Superior rectal arteries which are arranged in the groups as 3 o'clock, 7 o'clock, 11 o'clock position. In these three primary haemorrhoids there may be secondary haemorrhoids. Haemorrhoids: blue, like a bunch of grapes [11]. Discharge of "yellow Jelly like mucus" from rectum. Burning in anus, rectum bleeding. Feeling of weakness and loss of power of sphincter ani, sense of insecurity in the rectum when passing flatus [12]. Patient is very uncertain whether they will pass flatulence or stool. Dissatisfied and angry about himself or his complaints, especially when constipated [11]. Mentally the patient is upset, worried and he has a phobia of cancer due to continuous bearing down sensation in the rectum. Patient is afraid of bleeding and has a sense of fear in his mind. Thus Patient unable to concentrate on the work commits mistakes. Afraid to go to the toilet, as the patient thinks that they would pass

more blood which will make them weaker. Before passing stool patients generally complain of pain around the navel which is aggravated by pressure. Stool passes without any notice, lumpy watery stools with a lot of mucus and pain in rectum after stool. Anal region is tender and swollen.

MODALITIES: < Early morning, Summer, Headache, dry weather

a. >Cold open air, washing with cold water.

2. **GRAPHITES** - It is suited to women, inclined to obesity, who suffer from habitual constipation [11], and have a great strain for defecation which causes engorgement of veins which may result in prolapse of rectum with burning sensation of anus. There is sharp Cutting pain while defecation and patients become afraid. Constipation with large, hard, knotty, difficult stools passed with extreme pain from soreness and fissures of the anus. It has cured many cases of bleeding piles of long standing where there was extreme soreness and fissures and great burning [16]. Large hæmorrhoidal excrescences in the anus, with pain as from excoriation, esp. After a stool [17] when sitting down or while walking, the urge to stool is as if anus is wide open and lame. Sometimes thrombosed internal

haemorrhoids are treated by this medicine which is covered by fibrous tissue. While in case of External haemorrhoids favours prolapse of associated internal haemorrhoids, So Mentally patient become sluggish, timid and unable to decide, in want of deposition to work.

MODALITIES : < Warmth, night, music, after stools.

Rest, washing with warm water

3. **HAMAMELIS VIRGINICA** - It is very efficacious remedy in piles – bleeding profusely with burning, soreness, fullness and weight in back as if it would break on urging to stool, Itching at anus [10]. Bright red haemorrhoidal blood occurs during defecation and is known as splash in the pan and it then continues for months or years. Acts upon the coats of the veins causing relaxation with consequent engorgement [12] associated with 3^o prolapse. The Tumid haemorrhoidal veins around the anal region are sensitive to pressure or touch and become bluish in colour when they are inflamed. Patients are afraid of defecation due to constipation. Physically and mentally patient feel weakness. After haemorrhage from piles, prostration out of all proportion to amount of blood loss [11]. Thus Patient is

mentally tired, restless, excitable, nervous and depressed. Aversion to mental work, stupid and forgetful, forgets words while talking.

MODALITIES : < Warm, moist air, defecation.

>Washing by Coldwater, moving around in the open air

4. **MILLEFOLIUM** - An invaluable remedy for various types of haemorrhage; blood, bright red [12]. Most often it occurs in early stages of the 2^o piles. In Most of cases it is useful for External bleeding but in some cases internal bleeding may also be treated by this medicine. This medicine has seemed to have produced haemorrhages in its pathogenesis in these circumstances the rectum is found to contain blood, one of the haemorrhoids is caught by external sphincter and there may be strangulation which results in thrombosis of veins which causes terrible pain at the junction and ultimately patient may suffers from gangrenous piles in the case of chronic bleeding from rectum. Atony of the blood vessel [15] at the mucus membrane with great pain due to prolonged associated strangulated veins. Mentally patient become Sad and doesn't want to do any work.

MODALITIES : < coffee ,
Stooping , Violent exertion
bleeding , discharge

5. **NUX VOMICA** - Debauchers of a thin, irritable, nervous disposition; prone to indigestion and haemorrhoids[11] . It is very effective in case of patient who have Excessive tea drinking tendency , Smoking and Late night Workaholic ,tobacco chewers which relates to the disturbance of intestinal peristaltic movement . Alternate constipation and diarrhoea after abuse of purgatives[12] , which may leads urging of stool felt throughout abdomen ultimately results in ineffectual urging of stool and hence patient may passes small quantities at each attempt therefore feeling as if the part of stool remained unexpelled due to Constriction of rectum .There is also feeling of much burning, soreness ,fullness and heaviness and sensation as if the back will break this chronic tendency of the patient maydevelop blind haemorrhoids. Mentally patient is very angry, impatient, irritable and unable to concentrate on their work due to unsatisfactory passing of stool , Absence of all desire for defecation is a contra-indication.

MODALITIES : < Tobacco
,mental exertion ,narcotics ,
cold air ,dry weather
>free discharges ,wet weather
,in damp Damp moist air ,

6. **SULPHUR** - Adapted to persons of a scrofulous diathesis, subject to venous congestion; especially of portal system[11] .Haemorrhoids , which are externally and internally in great bunches that lead to soreness, tenderness ,rawness, and bleeding , burning . Itching and burning in anus , piles depend upon abdominal plethora[12] .Blind haemorrhoids with oozing of dark blood with violent bearing down pain from the small of back towards the anus , or lancinating pains from anus . There is a presence of hard knotty insufficient stools which leads to redness around the anus with itching due to habitual Constipation the patient is afraid of defecation on account of pain . Patients most of the time complain of morning diarrhoea with bleeding per rectum, painless in nature which drives the patient out of the bed , alternating constipation and prolapse due to maintaining chronic condition , Sulphur patients subjects are nearly always irritable, depressed, thin and weak even with a good appetite [12].

MODALITIES : < At rest , when standing , 11 a.m., warmth of red , washing , bathing , removing clothes.

>Open air , Motion, Drawing up affected limbs, Sweating, Dry warm weather ,Lying on right side, Walking, Dry heat.

RUBRIC FROM REPERTORY

KENT/BOERICKE /SYNTHESIS

- RECTUM – HAEMORRHOIDS – alternating – with lumbago Aloe
- RECTUM-HAEMORRHOIDS – mercury,after abuse of Hep. Sul-ac.
- RECTUM – HAEMORRHOIDS – milk agg. Sep
- RECTUM – INVOLUNTARY stool – night – bed,in – stool hard ALOE, BELL.
- RECTUM – HAEMORRHOIDS – bleeding. – as soon as the rheumatism is better Abrot.
- RECTUM – INVOLUNTARY stool – excitement, from. Hyos
- RECTUM – HAEMORRHOIDS – flatus, protrude when passing Bar-c. Phos.
- RECTUM – HAEMORRHOIDS – riding amel. Kali-c.
- RECTUM – CONSTIPATION – stool remains long in the rectum with no urging – with awful anxiety. TARENT
- ABDOMEN

- HÆMORRHOIDS (piles) — Abrot., Acon., Æsc. gl., Æsc., Aloe, Am. c., Am. m., Apis, Ars., Aur. m., Bar. c., Bell., Brom., Calc. fl., Caps., Carbo an., Carbo v., Card. m., Caust., Cham., Chrom. ac., Collins., Cop., Diosc., Ferr. p., Fluor. ac., Grat., Ham., Hep., Hydr., Hyper., Ign., Kali m., Kali s., Lach., Lyc., Mag. m., Millef., Mucuna, Mur. ac., Negundo, Nit. ac., Nux v., Pæonia, Pinussylv., Pod., Polyg., Puls., Radium, Ratanh., Sab., Scrophul., Sedum, Sep., Semperv. t., Sul., Sul. ac., Thuja, Verbasc., Wyeth., Zing.
 - Bleeding — Acon., Æsc., Aloe, Am. c., Bell., Calc. fl., Caps., Card. m., Chrom. ac., Collins., Erig., Ferr. p., Ficus, Ham., Hydr., Hyper., Kali m., Lept., Lycop., Millef., Mur. ac., Nit. ac., Nux v., Operc., Phos., Sab., Scrophul., Sep., Sul., Thlaspi. Dark, venous blood — Aloe, Ham., Hydr., Kali m., Sul.
 - Blind — Æsc., Calc. fl., Collins., Ign., Mucuna, Nux v., Puls., Sul., Wyeth.
 - Bluish, purplish — Æsc. gl., Æsc., Aloe, Ars., Caps., Carbo v., Ham., Lach., Lyc., Mur. ac.
 - Burning, smarting — Æsc., Aloe, Am. m., Ars., Calc. c., Caps., Carbo an., Carbo v., Caust., Fluor. ac., Graph., Ign.,

- Mag. m., Mucuna, Negundo, Nux v., Psor., Ratanh., Sul., Sul. ac.
- Inflamed — Acon., Æsc., Aloe, Bell., Caust., Cop., Ferr. p., Mur. ac., Verbasc.
 - Itching — Æsc., Aloe, Caps., Carbo v., Caust., Cop., Glon., Ham., Mur. ac., Nit. ac., Nux v., Petros., Puls., Sul.
 - Mucous piles, continually oozing — Aloe, Am. m., Ant. c., Caps., Carbo v., Caust., Puls., Sep., Sul. ac., Sul.
 - Protruding, Grape-like, swollen — Æsc., Aloe, Am. c., Caps., Carbo v., Caust., Collins., Diosc., Graph., Ham., Kali c., Lach., Mur. ac., Nux m., Nux v., Ratanh., Scrophul., Sep., Sul., Thuja.
 - Protuding when urinating — Bar. c., Mur. ac.
 - Sensitive, exquisitely painful — Æsc. gl., Æsc., Aloe, Ars., Bell., Cact., Caps., Carbo v., Caust., Cham., Collins., Ferr. p., Graph., Ham., Hyper., Kali c., Lach., Lyc., Mag. m., Mur. ac., Nat. m., Nit. ac., Nux v., Plant., Puls., Ratanh., Scrophul., Sedum, Sep., Sil., Sul., Thuja, Verbasc., Zing.
 - White piles — Carbo v.
- RECTUM – CONSTIPATION – accompanied by – Skin – itching of; intense - dol
 - RECTUM – CONSTIPATION – cathartics; worse after stool which is induced only with COLL.
 - RECTUM – CONSTIPATION – flatulence; with – hemorrhoids; and bac. COLL.
 - RECTUM – CONSTIPATION – followed by – diarrhea Trios.
 - RECTUM – CONSTIPATION – difficult stool – natural stool. Graph. PSOR. SIL
 - RECTUM – CONSTIPATION – periodical – weeks; every three Kali-bi.
 - RECTUM – HEMORRHAGE from anus – hemorrhoids, after removal nit-ac
 - RECTUM – HEMORRHOIDS – protrude – urination – after merc.
 - RECTUM – INACTIVITY of rectum – bending backward – amel. Med.
 - RECTUM – HEMORRHOIDS – accompanied by – epistaxis HAM. SEP
 - RECTUM – HEMORRHOIDS – children, in MUR-AC.
 - RECTUM – HEMORRHOIDS – menopause; during LACH.
 - RECTUM – HEMORRHOIDS – sensitive kali-c. MUR-AC.

- RECTUM – HEMORRHOIDS – thinking of them agg. Caust.

DISCUSSION AND CONCLUSION

While writing this article I concluded that the above knowledge regarding the role of homoeopathic medicine in the management of haemorrhoids shall be appropriately beneficial. This medicinal system has no side effects but can aggravates the intensity of the Symptoms like burning, Itching, Pain, tenderness, Soreness, bleeding, Constipation by taking inappropriate similar medicine. Appropriate case taking can helps in removing the causa Occasionalis and can be reduces the intensity of the symptoms at both physical and mental level , Can also helps in modification of faulty diet and Regimen and life style .The main motive of this article was to explore the Collected information about haemorrhoids and to make logical connection with the homoeopathic medicines with symptoms of haemorrhoids.

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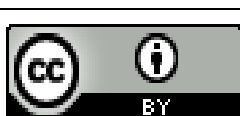
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